



Fruit



Smoothie

1



cup



milk

1

pkg



strawberry



instant



breakfast



drink

1/2



cup



sliced



strawberries,



raspberries,



or



blueberries

1/2



banana

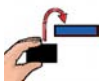
1/2



cup



ice cubes



Put



all



ingredients

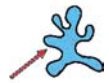


in

a blender.



Turn



it



on



and



mix until



smooth.



Pour



into



mugs.



Makes

2

2



smoothies