Hand - Made Gift

You can make a gift that your

mother, father, or grandparents will love to have.

Every time they look at it they will think

of you!

With a little mixing, you can make

hand prints that will last a long time. This

is what you will need --

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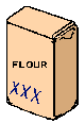
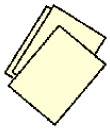
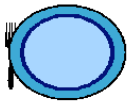


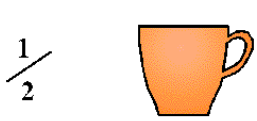
1/2 cup flour

spoon

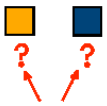
1/2 cup cornmeal

paper plate

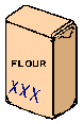


1/2 cup water



ribbon or string

large bowl



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Mix the flour and cornmeal in a

bowl. Add the water slowly until the water is mixed

in.

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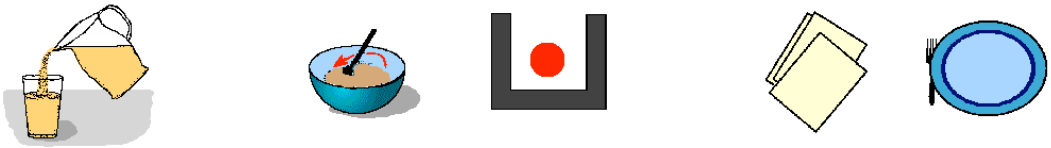
Ask an adult to make a hole in

the top of the paper plate.

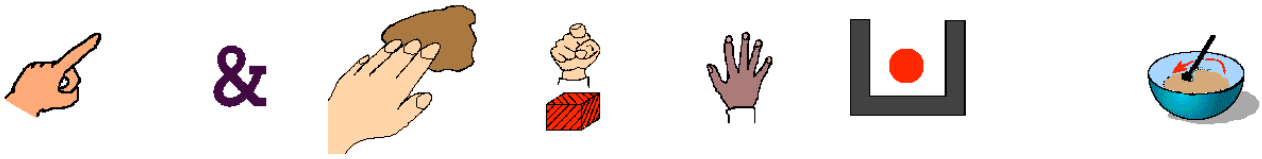


Pour the mixture into the paper plate.

Spread the mixture around the plate with

the spoon.

Wet your hand with water. Spread your



fingers and press your hand into the mixture.

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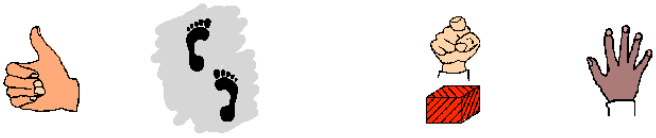
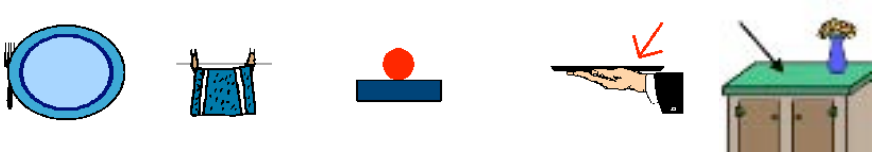
Take your hand away. You should see

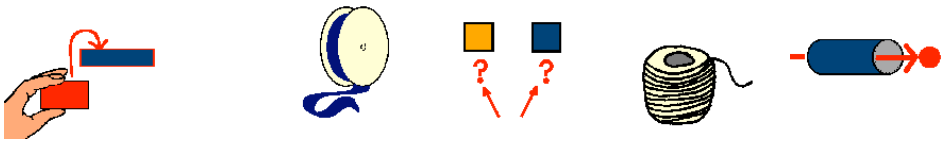


a good print of your hand.

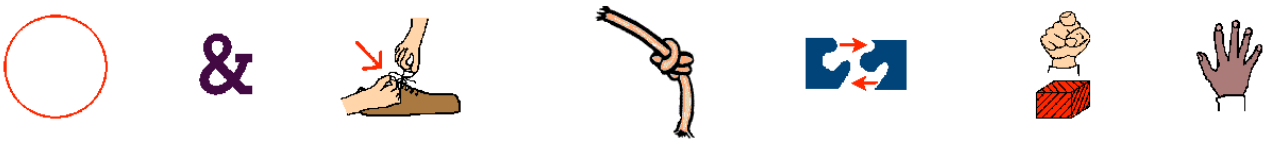


Let the plate dry on a flat counter

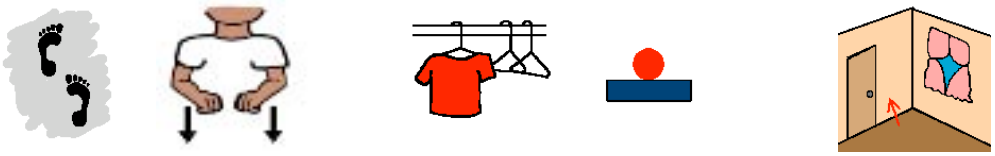
or table. This may take 2 to 5 days.



Put the ribbon or string through the



hole and tie the ends together. Your hand



print can be hung on the wall.

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Want to do something different? Try these ideas.

Add some food coloring to the mixture.

Make a print of both your hands.

Sign your name in the wet mixture.

Add the date that you made your hand print.

Use a bigger paper plate and add foot prints.

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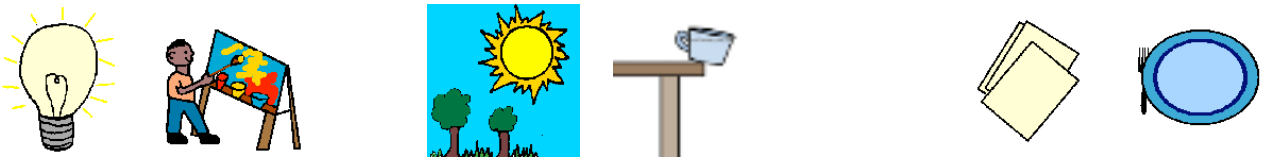
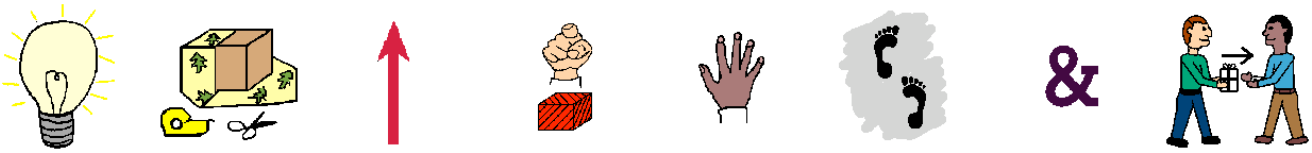
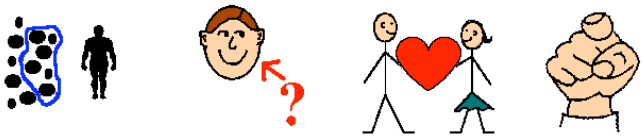


Paint the outside edge of the paper plate.

Write your name and date on the edge.



Wrap up your hand print and give



to someone who loves you.

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