






Hot Apple Dunk

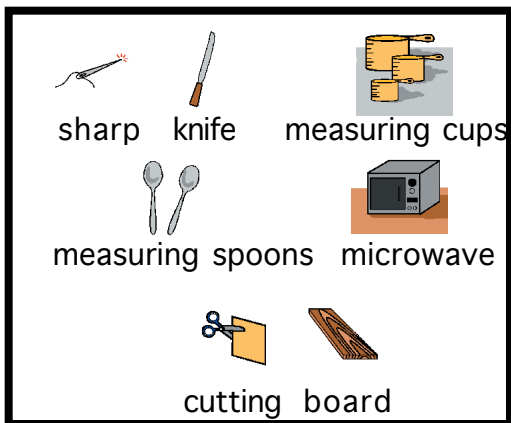
1    
1 thin sliced apple, cored

$\frac{1}{2}$ 
1/2 c. peanut butter






2 
1- 2 T. honey



$\frac{1}{4}$  
1/4 c. raisins, optional


utensils



         
Put peanut butter, honey, and raisins in microwave safe bowl. Microwave

     **15**
on medium for 45 seconds. Stir. Return to microwave for 15 seconds. While

        
peanut butter is melting, thinly slice apple. Dip apple slices in peanut butter


mixture.