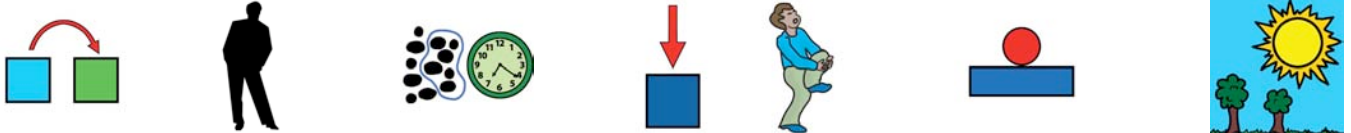


Being Bullied



What is a bully? A bully is someone who hurts



another person. Sometimes this hurt is on the outside,



like a punch or a kick. Sometimes this hurt is



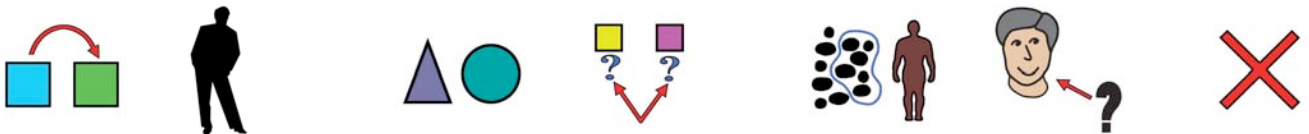
on the inside, like teasing, tricking or making fun



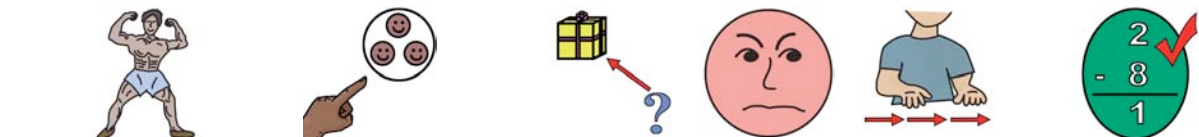
of another person's differences.



Bullies usually do not like someone because the



other person is different or is someone who is not



as strong as they are. What bullies do is wrong.



If you say something to hurt another person, you



should say you are sorry. If you hit or kick



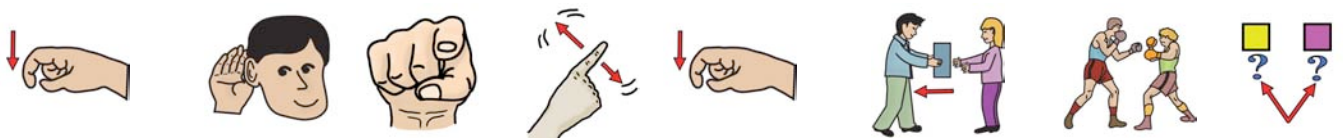
another person, you should make sure that they



are OK and then say you are sorry.



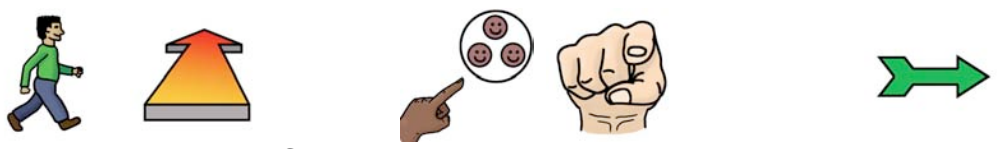
If someone else is hurting you, you do not



need to listen. You do not need to take a punch or



get your feelings hurt. If someone is being mean, you



should try to walk away from them. You should go



get a teacher, parent or other adult.

